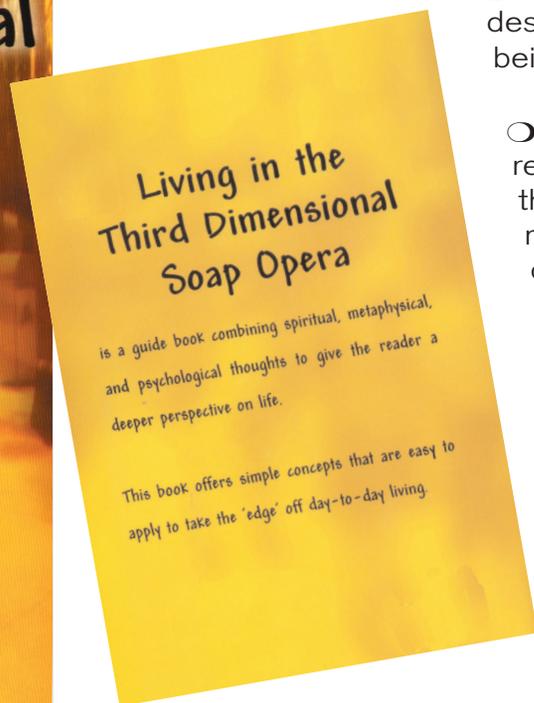


Excerpts From Carrie's Book: **Living in the Third Dimensional Soap Opera...  
A Spiritual Guide to Sanity.**

**THOUGHTS TO KEEP YOU SANE**

- Success is setting goals and going for them despite the results. Failure is playing it safe and being unwilling to step out of one's comfort zone.
- I am responsible for my part in everything. If I relinquish control to a mate, I am responsible for the consequences. When my marriage ended, I realized I gave my trust to my husband as a way of not having to be responsible for my life. 'Here, you take it!' was basically what I did.
- It's hard to hear an idea that didn't originate in my own head. I remember to keep an open mind and allow others to contribute to my growth.
- God is the greatest producer, director, and writer of this soap opera called the third dimension.



- If I say I'm going to do something I keep my word. My actions are a representation of who I am, not my words.

On Compact Disk

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Carrie Shubert — Develop and Control Your Psychic Ability through detailed guided meditation and visualization. These tapes will work for you no matter what stage of development you are in. Repetition and simple techniques will open up all your senses. 3 meditations on this tape, Psychic Healing and Protection, Psychic Instruction, and Self-Love Self Acknowledgment.



- I used to share every revelation with my mate until I realized I was burdening him with garbage. If someone came to my home and said, "Your house looks great," would I take them out back and show them all the garbage I picked up?